## The ISB Times

A SARK PROMOTIONS PUBLICATION

#### Boost Imagination & Creativity

Read Folk Tales From Around The World



## of the Monday

Travel Special Edition full of infographics, quests and fun facts



# JOKES RIDDLES STORIES ACTIVITIES

and much more ....

THE KREATIVE KIDS MAGAZINE NURTURES CURIOSITY, CREATIVITY & CONFIDENCE.

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### The KK Times

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**Gontent** Icon Guide:

History & Culture

General Knowledge Mindfulness

Health &

Learning



Creative Expression



Vocabulary Skills



Life Skills



Puzzles & Games

#### Editor's Note

Happy New Year, adventurers! Welcome to the January edition of The KK Times! As we kick off 2025. I couldn't be more excited to share this special Explorer's Quest issue with you. Exploring has always been one of my greatest passions—whether it's discovering new places, ideas, or even stories!

In this edition, you'll find thrilling tales from around the world, fun facts about the magic of travel, and creative activities to ignite your sense of wonder. I hope it inspires you to dream big, ask questions, and embark on your own quests, no matter how big or small.

Let's make this a year full of discoveries and adventures! Happy exploring!

Your friend and editor-in-chief, Kanira.









Travel can have a big impact on how kids think by broadening our views and sparking our curiosity about the world. When we go to new places, we encounter different cultures, languages, and ways of living, which helps us understand and empathize with others better.

Moreover, traveling is exciting and adventurous, allowing us to explore new locations and traditions, which can boost our happiness. Meeting new people and experiencing different environments gives us a broader view of life. This exploration acts like self-care, encouraging curiosity and creativity, providing a nice break from our everyday lives, and fostering a sense of wonder.

When we share our travel experiences with family and friends, it strengthens our relationships and helps us feel happiness, love, and belonging. Wellness trips, like nature retreats that include yoga and meditation, teach us new skills to maintain a healthy mindfulness routine.

This exposure helps us think critically and adapt to new situations, building our independence and confidence. In the end, travel enriches our lives and shapes our perspectives, making us more open-minded and adventurous, while also supporting our emotional well-being and personal growth.





#CreateWithCB

#### MAGAZINE DESIGN CONTEST FOR KIDS

January is celebrated as International Creativity Month. CurioBuddy, thus announces the second edition of our creative competition for children.

#### **OPEN TO CHILD (10-15 YEARS)**

Design your own magazine page and win! Learn design skills, win prizes, and get published!

#### **GLOBAL STAGE AWAITS!**

Got a flair for design? Simply follow us on Instagram @curiobuddy, then tag & nominate 3 friends to take on the challenge too. Imagine your dream magazine. Submit a l-page design to us. Finally, wait for our social media post featuring your design. Let's see how sharp your brain is. Good luck!

WIN EXCITING PRIZES & CLAIM YOUR SPOTLIGHT!

LAST DATE OF SUBMISSION: JANUARY 31, 2025









#### WHAT AM I?

I am as light as a feather, but even the world's strongest man cannot hold me for a minute.



Tweet, Tweet!





TRAVEL MAKES YOU FEEL
ALIVE AND BOOSTS
CREATIVITY! EXPLORING
DIFFERENT CULTURES HELPS
YOU SEE THINGS IN NEW
WAYS. A STUDY FOUND THAT
KIDS WHO REMEMBERED
TRIPS ABROAD SCORED 50%
BETTER IN CREATIVE
THINKING TESTS.

### Question of the Month: Why is Water Important?

Water helps to regulate the body temperature. All the cells and organs are immersed inside water. Water acts as a buffer for all bodily reactions and functioning. Water is lost during exercise, sweating, breathing, etc.

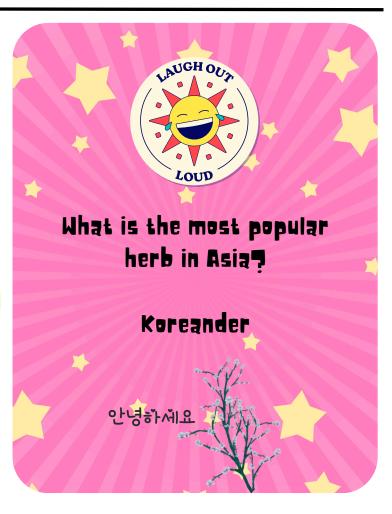




## Fun with Facts

## Islands on Earn

Asia and Australia are the continents with the most islands on the globe. Greenland is the largest island in the world. Indonesia, an Asian Country, includes about 17,504 islands in what is known as the largest single archipelago in the world. Sweden is the country with the most islands in the world, but less than 1,000 of them are inhabited.





#### **Materials:**

- 1. COLOURED OR PATTERNED PAPER (A4 SIZE)
- 2. Scissors
- 3. GLUE OR DOUBLE-SIDED TAPE
- 4. RULER
- 5. Pencil
- 6. STRING OR
  RIBBON (OPTIONAL
  FOR HANGING)

## Crazy Crafts DIY ASIAN PAPER LANTERNS

#### How to Make:

- 1. Take a sheet of coloured or patterned paper and fold it in half lengthwise.
- 2. USING A RULER AND PENCIL, DRAW LINES PERPENDICULAR TO THE FOLDED EDGE, SPACED ABOUT 1 CM APART. LEAVE ABOUT 2 CM UNCUT AT THE TOP EDGE.
- 3. CAREFULLY CUT ALONG THE LINES YOU DREW, STOPPING AT THE 2 CM MARK FROM THE TOP EDGE. MAKE SURE NOT TO CUT ALL THE WAY THROUGH.
- 4. Unfold the paper. You should see evenly spaced slits along the length of the paper.
- 5. Bring the two short edges of the paper together to form a cylinder. Secure the edges with glue or double-sided tape.
- 6. CUT A STRIP OF PAPER ABOUT 1 CM WIDE AND 15 CM LONG. ATTACH IT TO THE TOP OF THE LANTERN TO CREATE A HANDLE.

#### **OPTIONAL DECORATION:**

- 1. YOU CAN ADD EXTRA DECORATIONS LIKE STICKERS, GLITTER, OR DRAWINGS TO PERSONALISE YOUR LANTERN.
- 2. If you want to hang the lantern, attach a piece of string or ribbon to the handle.



Imagine a land where the sun never sets in the summer, and the winds howl through the icy plains. Welcome to Antarctica—the coldest, driest, and windiest place on Earth! Have you ever dreamed of visiting Antarctica? As an explorer setting foot on this frozen continent, the first thing that strikes you is the absolute silence, broken only by the sound of crunching ice beneath your boots. It's like stepping into another world.

The landscape of this 'giant ice cube' can be both beautiful and breathtaking, with glaciers sparkling like diamonds in the sun. But it's not just the landscape that is fascinating—wildlife thrives here too! Although there are no polar bears, you'll find penguins waddling across the snow, and seals lounging on the ice. If you're lucky, you might even spot a whale breeching in the icy waters.

Transantarctic mountains are approx. 3400 Km in length that separate East and West Antarctica.

Ice covers about percent of the land

Antarctica houses enough water to raise the global sea level by 200 Ft

The continent has of the world's fresh water.

Antarctica is home to over 1100 species of animals, including penguins, whales, seals, etc.

EXPLORING ANTARCTICA:

The Frozen Frontier The largest research station in Antarctica, McMurdo (U.S.A.) can accommodate 1000 researchers.

to the Antarctic Treaty and operate research stations in Antarctica.

Around 235 animal species call Antarctica home.

Antarctica is about million square miles in size.

1800 m is the average thickness of the continental ice sheet.

The most surprising thing about exploring Antarctica, though, is how it challenges you. The extreme cold means you have to wear layers upon layers of clothing to stay warm, and the strong winds can make it feel even colder than it actually is. But despite the challenges, there's something magical about this frozen frontier.

Visiting Antarctica isn't just about seeing incredible sights; it's about understanding how fragile our planet is. The ice sheets are melting, and scientists are studying the effects of climate change here. Now it's up to us to protect this wondrous planet. Would you like to imagine what it would be like to explore this amazing, frozen world!





#### **Mystery Map: Discovering Europe**

The continent of Europe, situated in the Northern Hemisphere- with the majority of it being in the Eastern Hemisphere, is the second smallest. It is thought that the term Europa, or Europe, is Greek in origin. Europe is regarded as the cradle of democracy and Western civilisation. Athens was the first city to adopt democracy in the sixth century BCE. Located in Europe, Vatican City is the smallest nation in the world. There are more than 200 languages spoken in Europe.

<u>Objective:</u> Fill in the missing countries on the map of the continent Europe using the clues provided.

#### **Instructions:**

- 1. Look at the map of Europe below. Some countries are missing their names.
- 2. Read the clues and use them to identify and label the missing countries.
- 3. Check your answers with the solution provided at the end.









One of the Seven Wonders of the World, Machu Picchu is an ancient Incan city located in the Cordillera de Vilcabamba region of the Andes Mountains of Peru. This UNESCO World Heritage Site translates to "old peak" in Quechua language. Built with polished dry-stone walls, this architectural wonder has three main structures, all built in the classical Inca style - the Temple of the Sun, the Temple of the Three Windows, and the Intihuatana.



Machu Picchu was constructed under the command of ruler Pachacuti who founded the Inca Empire? This means it wasn't any ordinary city but a royal palace too.

Located at a height of 7,710 feet (2,350 metres), this 'Lost City of Inca' in South America is said to be discovered by Hiram Bingham III, a professor at Yale University in 1911 by accident. Bingham, a real-life Indiana Jones was actually looking for the city of Vilcabamba but ended up finding Machu Picchu instead.

Huayna Picchu, meaning "young peak" in Quechua, is one of the imposing mountains you'll see in front of the Machu Picchu citadel in Peru. Do you know that only 400 people are allowed to hike the Huayna Picchu daily?

#### **MYSTERIES OF MACHU PICCHU**

There are many mysteries that surround the Machu Picchu. The Incas were incredible architects and inventors, but they lack written records. One of the mysteries that is still unsolved about the lost city is how they carried and carved the granite blocks, which weighed over 50 pounds.

Also, no mortar has been used to stick these stones together, however, one cannot even insert a credit card amongst two boulders!

It's a fact that Peru is a seismically active country and Machu Picchu is built above two fault lines. But amusingly, the stones of Machu Picchu are said to "dance" during earthquakes, yet they return to their original place after.

It is believed that 60 percent of the city is still underground. Even some of the skulls found at Machu Picchu are elongated, unlike the other human fossils found in other civilisations. The best time to visit this amazing city is in July and August.







### The Legend of the Hummingbird



#### A South American Folk Tale

Once upon a time, in a lush rainforest in South America, there lived a beautiful hummingbird named Picaflor. Picaflor was known for his vibrant feathers that shimmered in the sunlight and his swift, graceful flight. He spent his days flitting from flower to flower, sipping nectar and spreading joy with his cheerful presence.

One day, a terrible drought struck the rainforest. The rivers dried up, and the plants began to wither. The animals were desperate for water, and the once vibrant forest turned into a desolate place.

Picaflor, seeing the suffering of his friends, decided to take action. He flew to the highest mountain in search of the Great Spirit, who was said to have the power to bring rain.



After a long and arduous journey, Picaflor reached the top of the mountain and found the Great Spirit. He pleaded with the spirit to bring rain to the forest and save his friends.

The Great Spirit was moved by Picaflor's bravery and selflessness. He told Picaflor that he would grant his wish, but there was a condition. Picaflor had to carry a single drop of water from the mountain's sacred spring back to the forest. This drop of water would have the power to summon the rain.

Picaflor agreed without hesitation. He carefully collected a drop of water in his beak and began his journey back to the forest. The journey was long and exhausting, but Picaflor's determination never wavered. He knew that the fate of the forest depended on him.

As Picaflor approached the forest, he felt his strength waning. But just as he was about to give up, he saw the withered plants and the desperate animals waiting for him. With a final burst of energy, he flew over the forest and released the drop of water. The moment the drop touched the ground, dark clouds gathered in the sky, and a gentle rain began to fall. The forest came back to ife, and the animals rejoiced. Picaflor, exhausted but happy, watched as the forest was restored to its former glory.

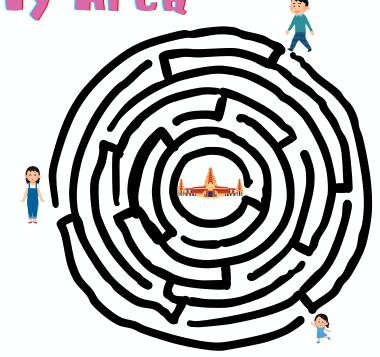
From that day on, Picaflor was celebrated as a hero. The Great Spirit blessed him with eternal life, and he continued to spread joy and beauty in the rainforest. And whenever the forest faced hardship, the animals would remember the legend of the brave hummingbird who saved them all.





Activity Area

I. The Roys have gotten
separated from each other
during a trip to Angkor Wat.
Help the family reunite by
drawing lines from each of
them to the center.
Global Family Day is celebrated on
January I each year to remember
how important it is work
together. Families our important
for our overall well-being and
give us a sense of warmth and
love.





2. Yoga is a good way to stay healthy- both mentally and physically. International Mind-Body Wellness Day is celebrated on 3rd January every year. Yoga is a good way to stay healthy. Select the right shadow for each yoga pose.

3. We are two lands that seem far apart,
But long ago, we shared one heart.
My edges match like pieces true,
One's in the south, the other too.
Which two continents are we?







### Activity Area

4. Look at the picture carefully. There are several animals hidden in the forest and mountains. Use the clues provided to find and circle only the animals that are native to Asia. Write the name of each animal.



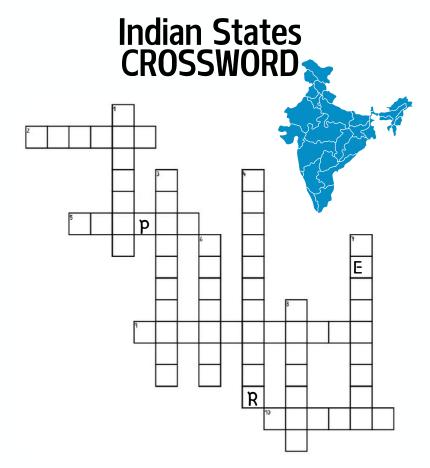
#### Clues:

- This animal is known for its black and white fur and loves to eat bamboo.
- This big cat has a distinctive orange coat with black stripes and is the national animal
  of India.
- This large mammal has a single horn and is often found in the grasslands of India and Nepal.
- $^\circ$  This small primate is known for its loud calls and lives in the forests of Southeast Asia.
- This reptile is the longest venomous snake in the world and can be found in the forests
  of India and Southeast Asia.
  - This bird of prey has a striking appearance with a white head and is found in the Philippines.
    - This large mammal has a distinctive trunk and is often seen in the forests and grasslands of India and Southeast Asia.
  - This small, nocturnal mammal has a long snout and is known for its ability to glide between trees.
- This bear has a unique white "V" shape on its chest and is found in the forests of the Himalayas.
  - · This antelope is known for its long, slender horns and lives on the Tibetan plateau.





### Activity Area



6. Did you know? North America is home to 50 states, each with unique landscapes, cultures, and histories. From the snow-capped peaks of Alaska to the sunny beaches of Florida, this continent has it all! Here's a fun geography challenge for you: Hidden in this word search grid are the names of 25 North American states. Can you find them? Look closely—some are hidden horizontally, vertically, diagonally, and even backward. Sharpen your pencils and your geography skills for this exciting adventure!

5. Trisha has accidentally scrambled up her geography homework. Help her complete it by solving this crossword.

#### Across

- 2. Located on the banks of river Brahmaputra, Capital of Assam
- 5. City of Lakes, Capital of Madhya Pradesh
- 9. Capital of Maharashtra, known as the Financial Capital of India
- 10. Capital of Rajasthan, known as the Pink City

#### Down

- Capital of Uttar Pradesh, known as the City of Nawabs
- 3. Capital of Punjab and Haryana
- 4. Capital of Gujarat
- 6. Capital of West Bengal, famous for the Howrah Bridge
- 7. Capital of Karnataka, also called Silicon Valley of India
- 8. Capital of Tamil Nadu, famous for the Marina Beach

#### States of North America

QNOTGNIHSAWOIBKOY UNFMAINEJXDNEVADA A T D R V S P N L E F M I W X A V MASYKCUTNEKLKYBRC ANASASNAKTLFZODAA B O S K T Z D D B I W P O M J L L A Z N F T U E N N N A Q G I X O I IAHJLCOABKNENUCF ARKAATIISLPXAGLKO ARWASJXTYYJNIEUR DRAAKDHUSCORJCDKI RMICHIGANEHAOONN DUIUOSRXMWNAMLZI A N A T N O M T O U G P N D T Q A ZWNOGEROVLDDYOISQ HKALASKAGVFZNYCEB UDDGWRFMANAISIUOL



Check the correct answer of all 6 activities on page 17.

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#### The Vocabulary Building

Wanderlust - strong desire to roam around

Stirrup - metal piece to put feet while riding a horse

Broadening - to become wider

Archipelago - a group of islands and sea around them

Frontier - border between countries

Cradle of Democracy - the place of birth of democracy

Mortar - a gun for firing shells

Wavered - flickering

Hardship - not having enough money or food

### Fun with Vocabulary

Until 1923, Istanbul (Capital of Turkey) was called Constantinople. Try to make as many words as you can from it. Some are given below.

#### CONSTANTINOPLE

Space, Poet, Plastic	
	-
	-







### <u>CHICHEN ITZÁ, MEXICO</u>

Chichen Itzá, in Mexico, features the 24-meter-high El Castillo pyramid, built as a Mayan calendar. Its ball court is the largest in Mesoamerica. The Sacred Cenote at the site was used for offerings to Mayan Gods.

#### MACHU PICCHU, PERU

This 'Lost City of Inca' is located at a height 7,710 feet and translates to "old peak" in Quechua. Even while the city of Machu Picchu is pretty big, 60 percent of the city is still underground.

Read more

about it on

page 8.

#### GREAT WALL OF CHINA, CHINA

Stretching 21,196 km, the Great Wall took 2,500 years and 500,000 workers to build. Tragically, many workers who died during construction were buried beneath it.



The name Petra
originates from the Greek
word meaning "rock."
Numerous structures in
Petra were sculpted directly
into the sandstone cliffs.
Did you know, a part of
Indiana Jones and the
Last Crusade was

filmed there?





TAJ MAHAL, INDIA It is a great historical monument built by Shah Jahan to house the tomb of his wife Mumtaz Mahal. This 'Dream in Marble' is studded with precious and semiprecious stones from around the world. This mausoleum was built by workers from Turkey, Persia, Italy, India etc.



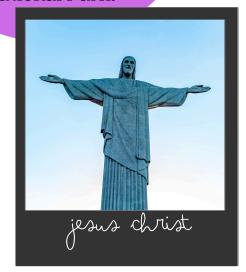
## Wonders of Th WORLD

CHRIST THE REDEEMER, BRAZIL Cristo Redentor is a 130 feet statue of Jesus in Rio de Janeiro. Even at this humongous height, it isn't the tallest statue of Christ. The statue is situated at the summit of Corcovado Mountain, which rises 2,300 feet within the Tijuca Forest National Park.

AD. It hosted gladiator battles, animal hunts, and stone and concrete, this iconic structure remains a symbol of Roman engineering and

culture.









## The Man Who Never Lied An African Folktale



Once upon a time, there lived a wise man named Mamad, known far and wide for never telling a lie. People from even distant lands spoke of him. When the king heard of Mamad, he summoned him to the palace. The king asked, "Mamad, is it true that you've never lied?"

"Y<mark>es, it</mark>'s true," Mamad replied.

"And you never will lie?" the king asked.

"I'm certain of that," Mamad answered.

Several days later, the king called Mamad again. A large crowd gathered as the king prepared to go hunting. Holding his horse by its mane, with his left foot in the stirrup, the king gave Mamad an order.

"Go to my summer palace, tell the queen I'll join her for lunch, and ask her to prepare a grand feast. We will have lunch together."

Mamad bowed and went to the queen. Meanwhile, the king chuckled, thinking, "We won't go hunting now, and Mamad will lie to the queen.

Tomorrow, we'll have a laugh."

But Mamad went to the palace and said, "Perhaps you should prepare a grand feast for lunch tomorrow, or maybe you shouldn't. Perhaps the king will come by noon, or perhaps he won't."

"Will he come or not?" asked the queen.

"I don't know," said Mamad, "I know if he put his right foot in the stirrup or his left on the ground."

Everyone waited for the king, who came the next day and told the queen, "The wise Mamad, who never lies, lied to you yesterday." The queen explained what Mamad had said. Hearing this, the king realized that a truly wise man never lies.



"The more that you read, the more things you will know. The more that you learn, the more places you'll go." - Dr. Seuss







#### 

Student: Purav Garg Class: 5 Age: 9 years School: Suraj school, Kosli. State: Haryana

The handmade painting of Mahatma Gandhi, who was born on 2nd October 1869. On January 30, 1948, Nathuram Godse assassinated Mahatma Gandhi while he was on his way to a prayer meeting in New Delhi. The day is observed as Martyrs' Day or Shaheed Diwas. His final resting place is at Raj Ghat, New Delhi, which is an elegant and serene memorial to visit.



There are 195 countries in the world. Sort each country and write their name in their respective continent.

Saudi Arabia, Spain, Uruguay, Lebanon, Sudan, Liechtenstein, Nigeria, France, Argentina, Pakistan, Kenya, Bangladesh, Saint Lucia, Chad, Italy, Mali, Jamaica, Ethiopia, Taiwan, Kyrgyzstan, Norway, Cameroon, Maldives, Grenada, Malta, Croatia, Laos, Burkina Faso, Slovenia, Canada, Chile, Montserrat, Columbia, Palestine, Cuba, Togo, Haiti.

ASIA	AFRICA	EUROPE	NORTH AMERICA	SOUTH AMERICA	AUSTRALIA
Pakistan	Kenya	France			





#### The Land of Wanderlust- Prayagraj

This time, I want to tell you about a magical place you should visit this January—Prayagraj in Uttar Pradesh. It's a city full of history, spirituality, and fun activities for everyone!

Do you know what makes this time so special? The Mahakumbh Mela is happening in Prayagraj from January 13 to February 26, 2025. This is one of the biggest spiritual gatherings in the whole world! People come from everywhere to take a holy dip at the Triveni Sangam, where three rivers—the Ganga, Yamuna, and the mythical Saraswati—meet. It's believed that this can cleanse your soul and bring you peace.

But wait, there's more to explore! Have you heard of the Allahabad Fort? Built by Emperor Akbar in 1583, it's a historical wonder that stands proudly by the Yamuna River. Right near the fort is the Akshay Vat, a sacred banyan tree that's been blessed by Lord Rama. You can see it when you take a boat ride to the Sangam —how cool is that?

For history lovers, there's Anand Bhawan, the birthplace of Jawaharlal Nehru. It's now a museum with a planetarium too! And don't miss Khusro Bagh, a beautiful Mughal garden with mango, guava, and orange trees. It's like stepping back in time with all its stunning architecture.

And if you love shopping, the city has awesome malls and markets to grab local goodies and fun souvenirs.

So, whether you're into history, nature, or just having a good time, Prayagraj has something for everyone. Let's plan a trip together—it's going to be an adventure to remember!



Mahakumbh Mela 2025 at Triveni Sangam



Allahabad Fort



**Anand Bhawan** 







### Bookworm



#### Diary of a Wimpy Kid: Dog Days

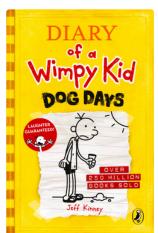
Author: Jeff Kinney

Age Group: 8 - 12 years

Publisher: Puffin Books

Genre: Humour, Comedy







Dog Days follows Greg Heffley's summer fantasy of indoor activities and video games, while his mom's outdoor plans involve family outings and creating unforgettable memories. A surprise addition disrupts the chaotic situation, highlighting the balance between Greg's and his mom's perspectives.

It is the fourth book in the Diary of a Wimpy Kid series. This book has amusing and relatable humour. It's the perfect summertime book full of summer escapades.



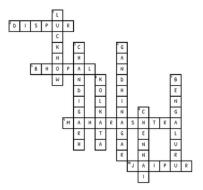
#### **Activity Area Answers**

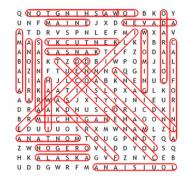




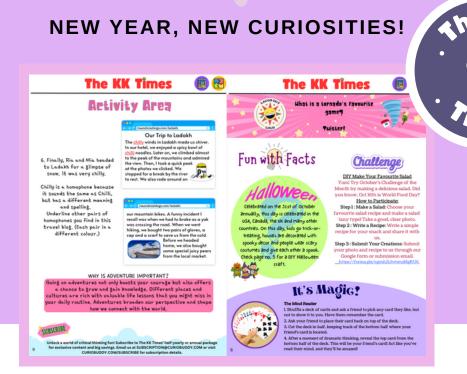
- 3. South America and Africa
- 4. Giant Panda, Bengal Tiger, Indian Rhinoceros, Hoolock Gibbon, King Cobra, Phillipine Eagle, Asian Elephant, Flying Lizard (Draco), Asiatic Black Bear, Tibetan Antelope













## our magazine's exciting stories and activities!



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