

The KK Times

August Issue, Vol. 1| English | Sunday, 27th August 2023 | Ghaziabad | Fortnightly

Click, Click, Click!



Doesn't it feel wonderful when you look back at your baby pictures and when you had your birthday and went on vacation. Well a photo can capture all of that. Happy World Photography Day! Every year August 19 is celebrated as World Photography Day. Fun fact- Did you know, the first photo was taken by Joseph Nicéphore Niépce in 1826 in France. Don't forget to send the pictures of your submissions. Do also send a picture of yours with an edition of the KK Times (Image size should be greater than 1 MB.) Buh- bye!



The Magic of Movies



When you watch a movie you must wonder how it got made. Well filmmaking was started by two brothers in France- Auguste and Louis Lumiere. The early movies were called silent films, because you couldn't hear any sound in the movies. The first Indian film- Raja Harishchandra was made by Dadasaheb Phalke. The highest filmmaking award is named after him. Soon came movies called talkies as you could see and hear what's happening. The first Indian talkie was Alam Ara. Fun fact- The first Indian movie with colour was Kisan Kanya in 1937.



A Nice Selfie



The word selfie comes from the word 'self' + 'ie'. A selfie is a photo with a person's face taken by the person in the photo. Did you know, 92 million selfies are taken every day and that's only 4% of photos taken daily. Instagram was launched in October of 2010, and it got off to a great start, with 10 million users within a year. On Jan 16, 2011, user Jennifer Lee uploaded her first selfie to Instagram, using the #selfie hashtag.



Editor's Note:

Hey guys, this time we have written three articles about photography. We have also included answers to past activities. We have introduced a Reader Of The Fortnight section. With an article on El Nino to the news of Chandrayaan 3 to an article submission based on cereal we have a wide variety of articles and have even more pages this time. Be sure to send your submissions and send questions for Mealtime Madness. Wishing you a lovely time reading and looking at the beautiful artworks in this issue of the KK Times.

Your editor Kanira

Next Edition: Nutrition Sp.



Click, Click, Click
- Page 1

The Magic of
Movies - Page 1

A Nice Selfie -Page 1

Editor's Note
- Page 1

Cereal for
Breakfast -Page 2

Did You Know? -
Page 2

El Nino - Page 3

Weather Forecast
- Page 3

Activity Area - Page 4

Did You Know?
- Page 5

A Literal
Moonwalk -Page 5

Chess News - Page 6

LOL Jokes - Page 7

Belly Buttons -
Page 7

Vocabulary
Building - Page 7

Poem Party -Page 8

Riddle Ride - Page 8

Fun With Facts -
Page 8

Amazing Science -
Page 9

Submission Space -
Page 10

Reader of the
Fortnight -Page 11

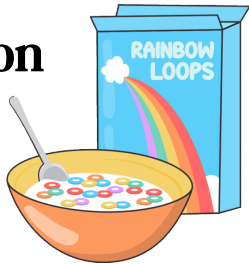
Answers - Page 12

Best Slogan - Page 12

Is Cereal A Healthy Breakfast Choice?

Article Submission by Kavin Dalela, Class 5, Texas, USA

There’s no debating the convenience of simply pouring a bowl of cereal for breakfast on a busy morning. And, don’t worry, it can be a healthy choice, too – so long as you’re considering the following:



1. Choose a cereal that has 10 grams of added sugar or less

Focus on the added sugar content, not the total sugars. Total sugars include the natural sugar that comes from any dried fruits in the cereal, which offer extra fiber and vitamins.

2. Choose a cereal that has 5 grams of fiber or more

Fiber comes with several benefits, including helping to:

- Prevent a blood sugar spike
- Keep you feeling fuller for longer, since fiber takes more time to digest
 - Stimulate regular bowel movements
 - Support your gut microbiome, the microbes in your digestive tract



Easy to make cereal!

that help digest foods and promote good gut health.

3. Add fruit for antioxidants and an extra fiber boost

Whether it’s a handful of sliced strawberries or banana, top your cereal with some fruit.

4. Add a protein source if you're using almond milk or oat milk

Cow's milk, soy milk and protein-fortified plant-based milks are a protein source, making them a great option for turning dry cereal into a well-balanced, filling meal. Other popular milks – almond milk and oat milk, in particular – often aren't good

sources of protein, though. You can meet your protein needs at breakfast by skipping milk altogether and putting your cereal on top of yogurt.

5. Watch the serving size of granola

Granola is typically denser in fats and has more added sugars than regular breakfast cereal, sprinkle granola on yogurt for crunch rather than eating a full bowl like regular cereal.

TRUE

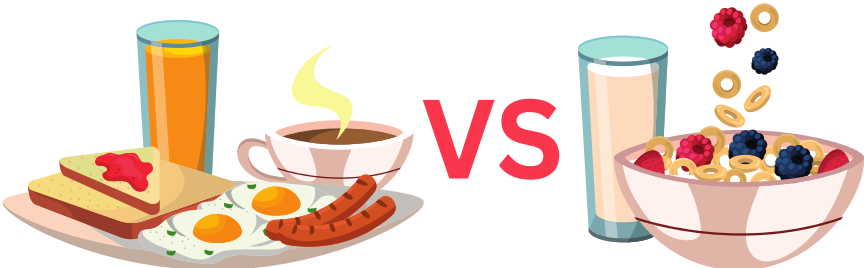
FALSE

Breakfast cereal is a simple process starting with wholesome grains.

Breakfast cereal is heavily processed.

Did You Know?

29 August is celebrated as National Sports Day to commemorate the birth anniversary of Major Dhyan Chand, a hockey legend. He even won 3 Olympic gold medals in field hockey.



El Nino and the Dry August:

WHAT KIDS SHOULD KNOW AND DO!

Have you heard about El Nino? It's like a weather wizard that's making August drier in India. Let's dive into this amazing weather phenomenon and learn how we can save the day! ☀️🌱

EL NINO: THE TRICKY WEATHER TRICKSTER! 🌡️🌊

Picture this: El Nino is like a sneaky weather guest who brings hot waves and less rain. It happens when the ocean near the equator gets extra warm. This extra heat makes our weather a bit wacky, causing less rain and dry days.

This year, El Nino has come to visit India, making August drier than usual. Our farms and crops are feeling the heat, and we need to be prepared.

WHAT'S THE DEAL WITH INDIA'S AUGUST? ☁️☀️

August is usually a rainy month in India. But this time, it's like the rain has taken a vacation! The El Nino has made the rain less and the sun more. This can be a problem for our crops, like rice and soybeans. Less rain means less water for our plants to drink.

States like Bihar, Kerala, Jharkhand, and UP are facing a rain shortage. Without enough water, the crops might not grow well, leading to higher prices and less food for us.


WHAT CAN WE DO? SAVING THE DAY! 🛡️🌱

We might be kids, but we can be heroes too! Here's how:

- Save Water: Turn off the tap while brushing your teeth. Every drop counts!
- Plant Seeds: If you have a garden, plant some seeds. Let's make our own little green paradise!
- Learn About Weather: Read books or watch videos about weather. It's like becoming a mini weather expert!





Remember, we're part of this big, beautiful planet. By taking small steps, we can make a big difference in helping our Earth stay cool and healthy.


And guess what? We've talked about saving the environment before in The KK Times. So, let's read those editions to learn even more! Stay cool, stay green 🍀



The KK Times


Weather Forecast

Sunday		Monday	
			
35°C 95°F	26°C 79°F	35°C 95°F	26°C 79°F

 GHAZIABAD

IMD predicts partly cloudy weather with a chance of thunder during the weekend in Delhi NCR.

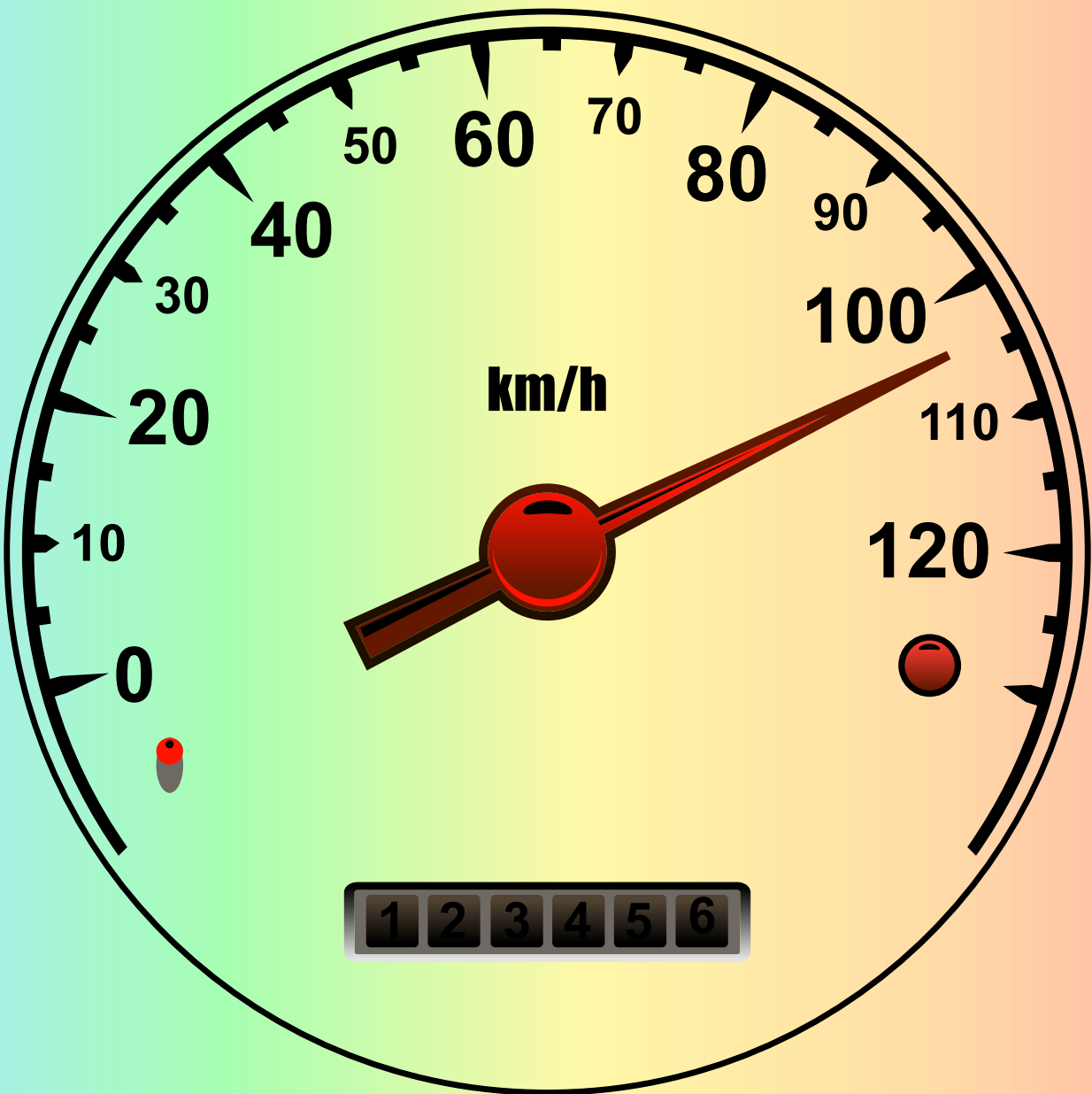
Let Us Help You Shine

SARK
PROMOTIONS

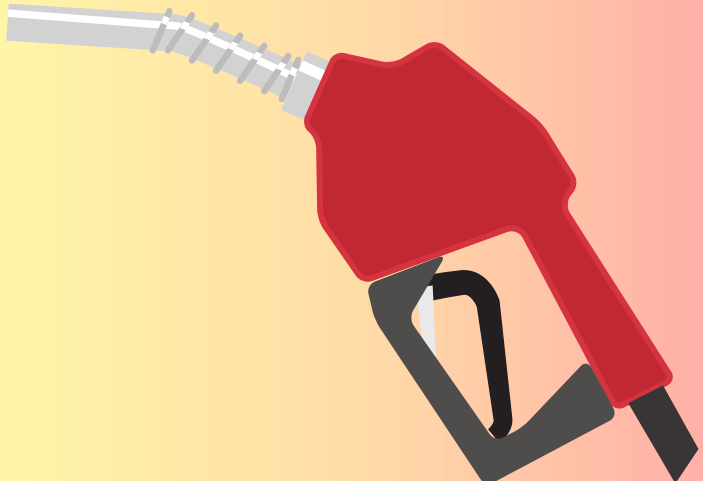
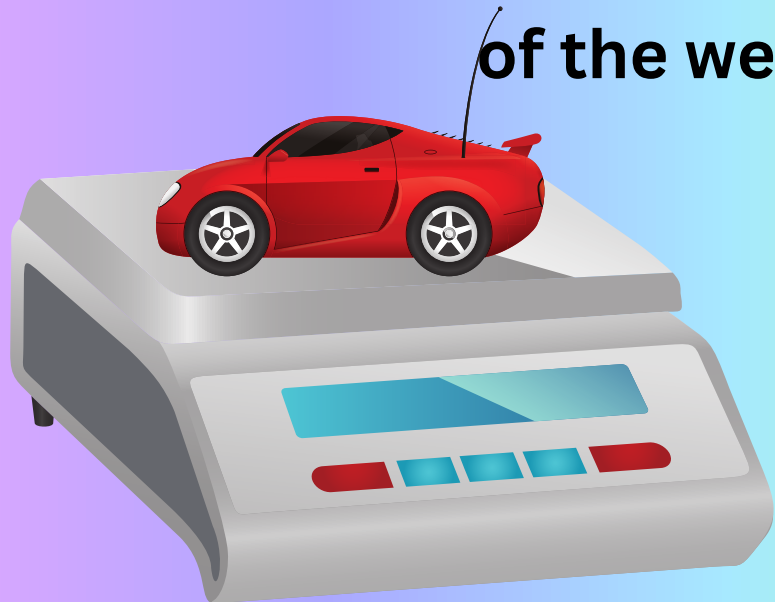
WEBSITE, BRANDING, GRAPHIC, DIGITAL MARKETING

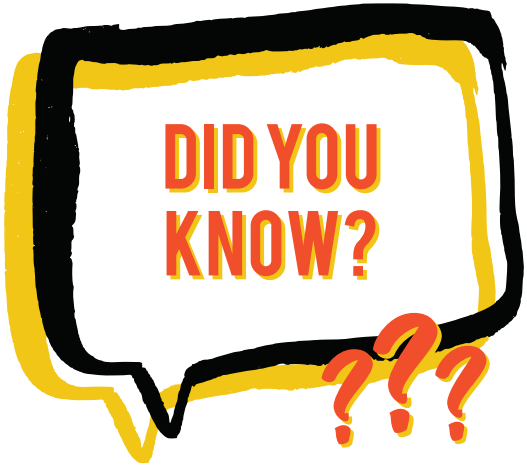
Activity Area

Solve the questions related to cars.



- a) If a car covers 12 kilometres in 1L of fuel, how many liters of fuel will it take to cover 156 kilometres?
- b) Raju covered 1 round of his house with 3L of petrol. How many rounds will Raju be able to take in 24 litres of petrol?
- c) If the distance from Mumbai to Delhi is 2000 km, how much time will a car moving at 50 km/h take to reach?
- d) Radha’s car weighs 1500 kg, how much will 14 of Radha’s car weigh?
- e) Naisha’s car weighs 2000 kg. What will be the sum of the weight of Radha and Naisha’s car?





Vikram Lander and Pragyaan Rover work on solar power with a power output of 738 watts and 50watts respectively.

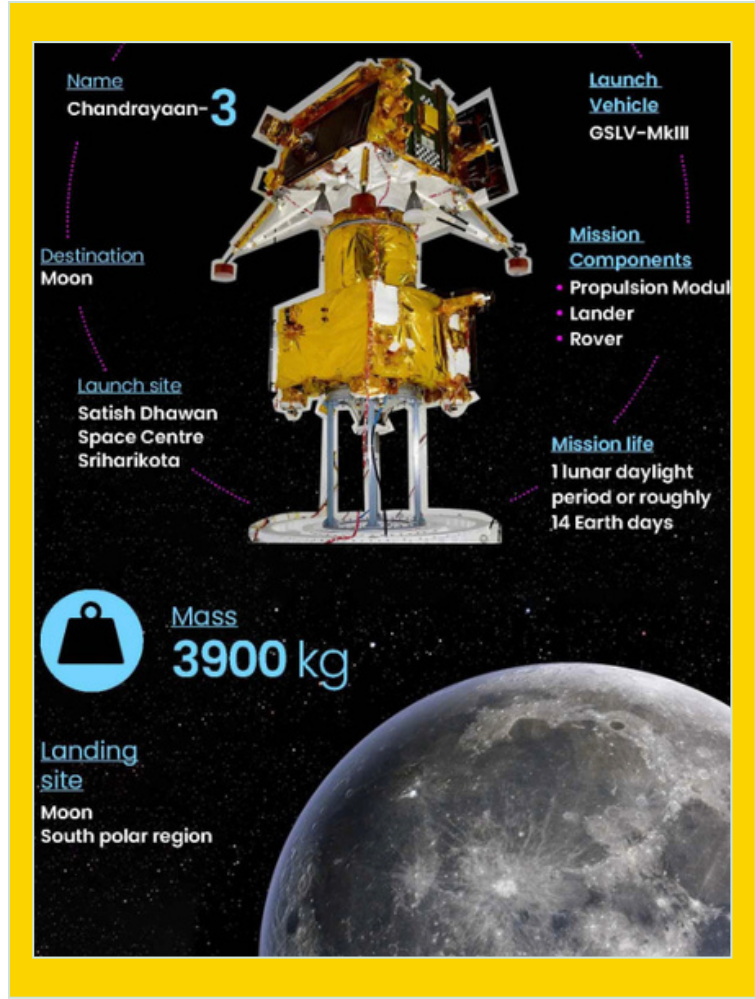
A Literal Moonwalk

CHANDRAYAAN 3

By Kanira Gupta, 4-B, AISV6

Big News from Space: Chandrayaan 3's Amazing Moon Adventure! 🚀🌙

Hey space enthusiasts! Get ready to be amazed! The Vikram Lander from Chandrayaan 3 launched on July 14th 2023, landed on the Moon's tricky South Pole on August 23rd at 6:04 pm. India just became the FIRST nation to gently touch down on this tough side of the Moon. We're also the 4th nation ever to land on the Moon, joining an elite space club.



Facts about Chandrayaan -3 Rocket

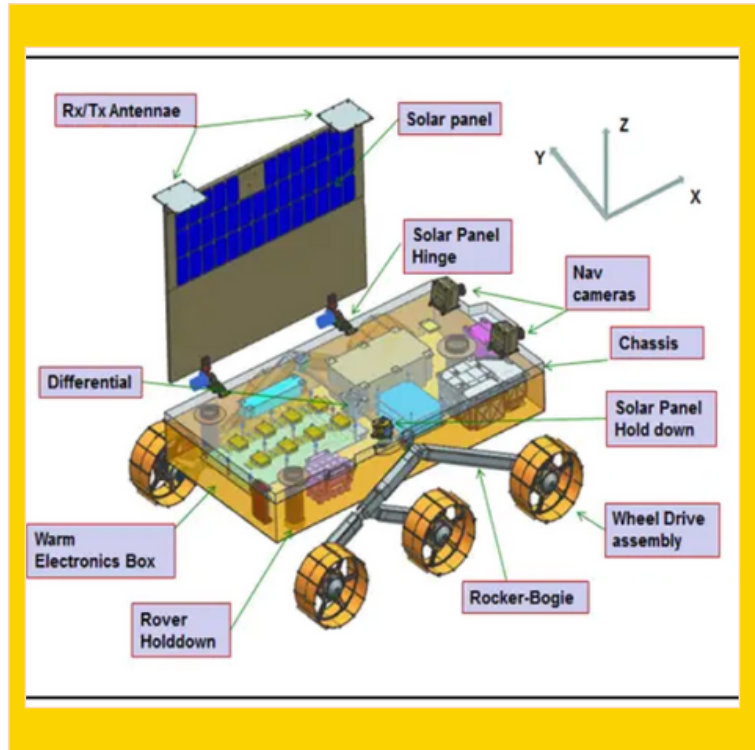
Guess what? Our super cool PM Modi said the landing spot will now be called "Shiv Shakti." How awesome is that? The Vikram Lander landed all soft and smooth, and then the Pragyan Rover started zooming around, making history!

This rover has 14 earth days to explore (that's 1 Lunar Day). It's like having a tiny scientist walking on the Moon! And guess what? The Vikram Lander is named after a super special person, Vikram Ambalal Sarabhai, the founder of ISRO.

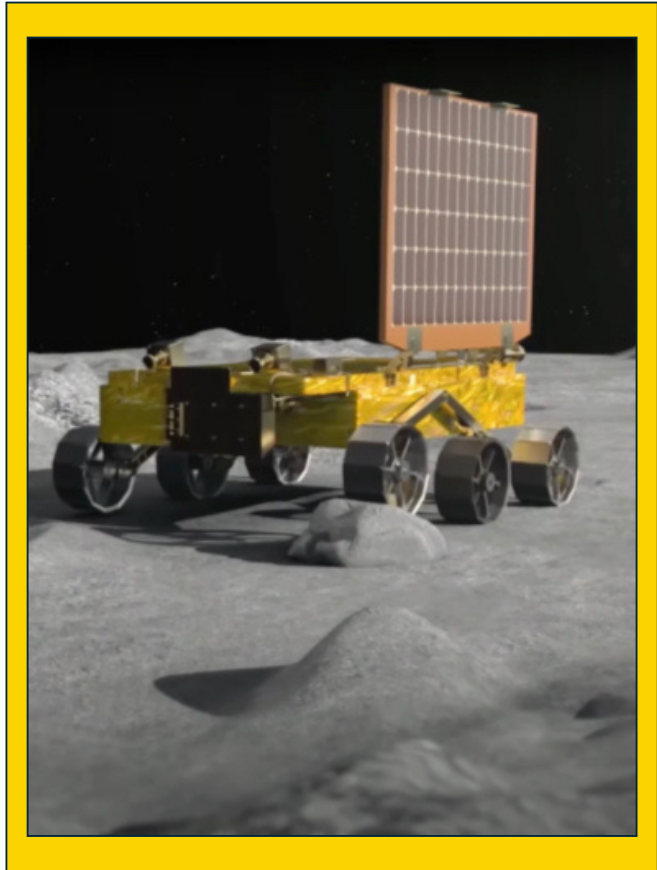
The Pragyaan Rover, which means "wisdom" in Sanskrit, is like a smart space detective. It's collecting all sorts of cool info about the Moon's surface composition. Imagine having a Moon buddy sending us secrets from up there!

Components of Pragyaan Lunar Rover

And if you want more amazing space stories like this, dive into "The Curious Atom," a mind-blowing Science Magazine by the KK Times. Let's all be space explorers and science heroes together! Stay curious, stay cosmic. 🌌🚀



Pragyaan Lunar Rover on Moon



Meet Praggnanandhaa, the Chess Champ who is Making India Proud



Do you like playing chess? Chess ♚ is a game of strategy and skill, where you have to think ahead and outsmart your opponent. Chess is also a game that has many champions from India, such as Vishwanathan Anand, who was the world champion five times.

But did you know that there is a new chess star from India 🇮🇳 who is making waves in the world of chess? His name is Rameshbabu Praggnanandhaa, or Praggnanandhaa for short. He is only 18 years old 😲 born in this month itself (10 August), but he has already achieved many amazing feats in chess. Praggnanandhaa started playing chess when he was just two years old. He learned the game from his sister, who is also a chess player. He soon showed his talent and passion for chess, and started winning 🏆 tournaments 🏟️ and breaking records.

He became the youngest International Master (IM) ever in 2016, when he was 10 years old. An IM is a title given to strong chess players by the World Chess Federation (FIDE). He then became the second youngest Grandmaster (GM) ever in 2018, when he was 12 years old. A GM is the highest title in chess, and only a few hundred players in the world have it.

But Praggnanandhaa did not stop there. He continued to improve his game and challenge himself against the best players in the world. He recently participated in the FIDE World Cup 2023, which is one of the most prestigious and difficult tournaments in chess. It has 206 players from 45 countries, including the world champion Magnus Carlsen from Norway 🇳🇴 .

Praggnanandhaa played brilliantly in the World Cup, and reached the final after defeating many strong opponents. He beat World No. 2, Fabiano Caruana from USA 🇺🇸 in the semi-final, and became the youngest player ever to qualify for the final of the World Cup. He also became the third youngest player ever to qualify for the Candidates 2024, which is a tournament that decides who will challenge the world champion 🏆 for the title.

In the final, Praggnanandhaa faced Magnus Carlsen, who is widely regarded as the best chess player of all time. Praggnanandhaa put up a brave fight, and even drew one game with Carlsen. But Carlsen proved to be too strong 💪, and won the match and the World Cup title. Praggnanandhaa finished second, and won a silver medal 🥈 .



Praggnanandhaa is an inspiration for all of us, especially for young kids who love chess ♚ or any other sport or activity. He shows us that age is no barrier to success, and that with dedication, passion, and hard work, anything is possible. He also shows us that India has a lot of talent and potential in chess, and that we can be proud of our country's achievements.

So next time you play chess with your friends or family, remember Praggnanandhaa's story, and try to learn from his moves and his attitude. You never know, you might become the next chess star from India! 🇮🇳





What does a snowman eat for lunch?

Icebergers



The Mysterious World of Belly Buttons: Secrets Revealed!



Have you ever wondered what's hiding in your belly button? Brace yourselves, because we're diving into the hilarious and mysterious world of belly buttons - those tiny, squishy tunnels right in the middle of your tummy!

Belly Button, the Secret Portal!

First off, did you know your belly button used to be your very first room? Yep, when you were a tiny baby inside your mom's tummy, you were connected to her through the belly button. It was like your secret tunnel to the outside world!



Belly Button Caves: Treasure Hunt!

Let's talk about what's hiding in there now. Your belly button might seem like a small pit, but guess what? It's a magnet for secret stuff! Tiny crumbs, fluffy lint, and maybe even a wild sock that mysteriously disappeared - they all love to hang out in your belly button cave.

The Giggle Factory: Belly Button Laughs!

Guess what else loves to hide in your belly button? TICKLES! Yep, give it a gentle poke, and you might just burst into giggles. It's like having a built-in tickle factory right on your tummy. Who knew your belly button could be so funny?

Belly Button Health Tips: Keep It Clean and Happy!

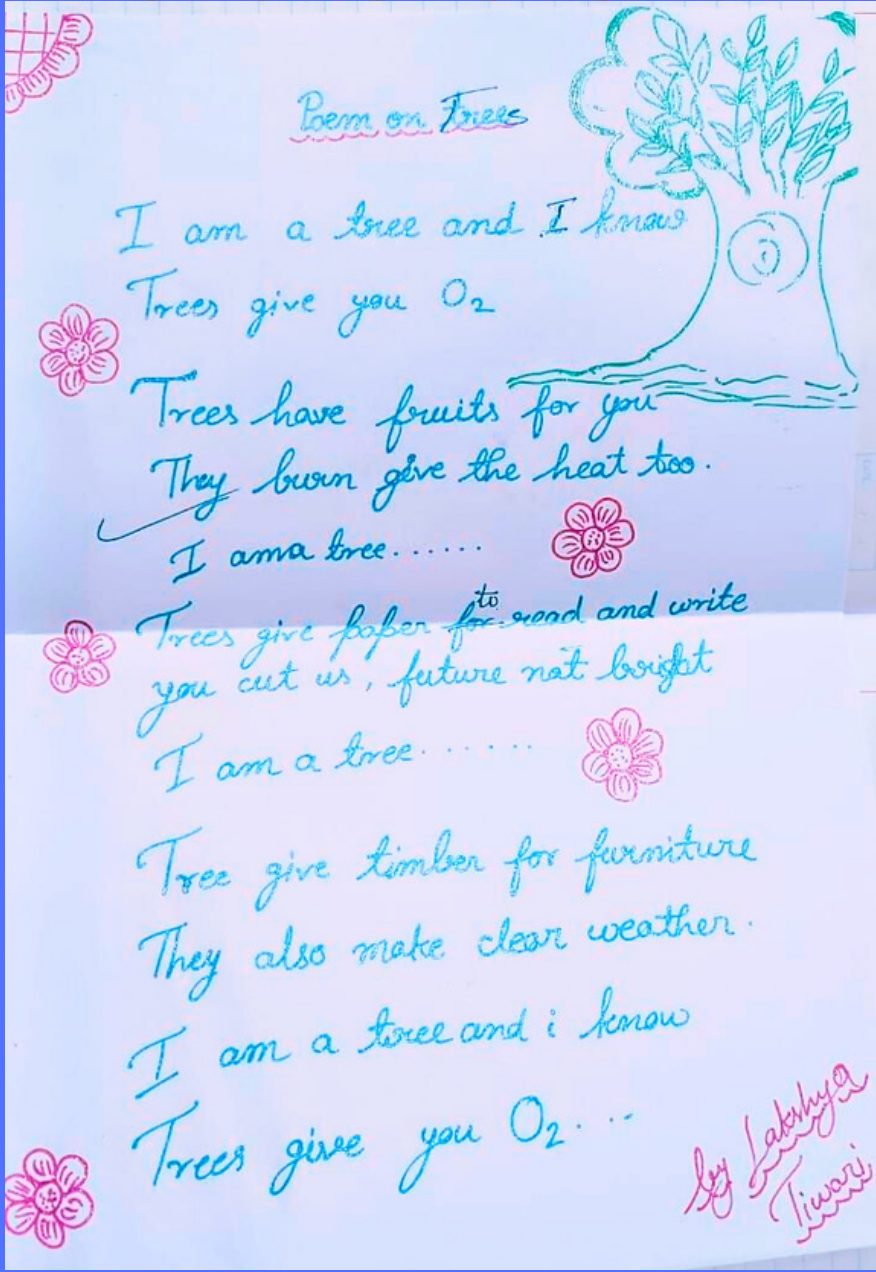
Now that we've had our fun with belly button adventures, remember to keep it clean! A gentle wash during your bath helps to keep the secret treasures away. And don't forget to thank your belly button for being a part of your awesome body!



Vocabulary Building

- MAGNET- A piece of iron that attracts metal
- EQUATOR- An imaginary line dividing the earth into two equal halves up and down.
- TALKIES- Movies with sound
- CONVENIENCE- The state of being able to proceed with something without difficulty.
- ANTIOXIDANTS- A substance which slows down the damage that can be caused to other substances by the effects of oxygen.
- PRESTIGIOUS- Inspiring respect and admiration ; having high status
- PHENOMENON- A fact or situation that is observed to exist or happen, especially one whose cause or explanation is in question
- BIOCERAMIC- A class of materials that is used for repairing or replacing damaged bone tissues

Poem Party



Poem Submission by
Lakshya Tiwari, 4B,
Amity International
School, Vasundhara 6



This is the August edition of **THE KK TIMES** handcrafted and designed by **world's youngest editor-in-chief (record applied)**, an 8 year old Amitian **Miss Kanira Gupta** of class 4. She marks her debut as an editor-cum-graphic designer with this unique fortnightly newsletter brought out by her as a hobby for all children of the world to get published. She aims to raise general awareness and promote creativity of all kids through this free newsletter. The Kreative Kids (acronym KK) have good critical thinking as well as problem solving skills. Subscribe for fortnightly newsletter directly into your inbox at email : **SHUBHANGAN@OUTLOOK.COM** with subject "Subscription". Join our thriving WhatsApp community for more engaging content apart from these newsletters and The Qurious Atom.



What is 5 ants + 5 ants = ?

Check the correct answer in next edition.

Answer to 29th July's Riddle Ride - Watermelon

Fun with Facts

WEIGHT OF ASTRONAUTS

According to NASA, astronauts' height rises by about 3% during the first three to four days of weightlessness in space. Previous research has demonstrated that the vertebra can extend and relax when the spine is not subject to Earth's gravity, allowing astronauts to really grow taller. But that modest gain is transient. After a few months on Earth, the astronauts' height returns to normal.



AMAZING Science



The regenerating candle has got a glass collection stand and the wax that melts is collected inside, allowing you to use the same wax in a new candle. Repeat as many times the wax lasts.



Bioceramic material-based cap keeps you cool during long treks or workouts due to breathability. And the infrared technology improves your blood circulation.



Unique cut and serve Pizza scissors.



The new amazing design of fork ensures that your Maggi does not slip off. So enjoy mouthful of maggi with the new age twisters.



This little doozy uses the heat from burning wood to generate usable electricity via USB. Absolutely brilliant for those who like the outdoors life but still need their various electronic devices.

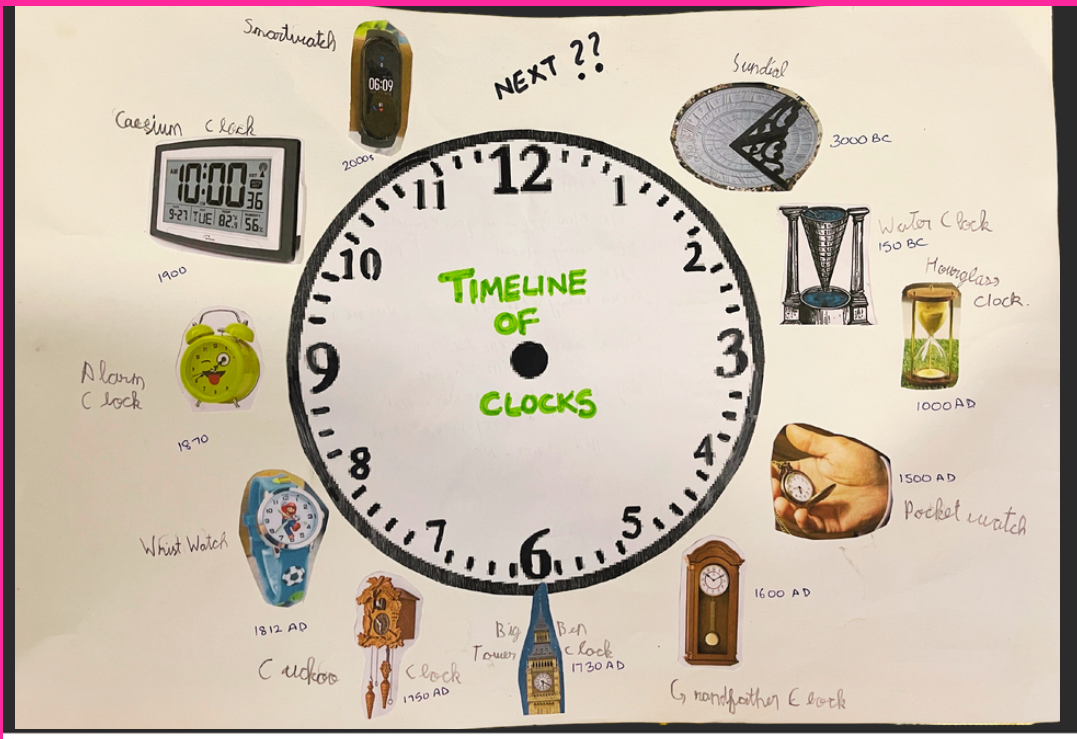
Mealtime Madness

Ask your questions about digestion, nutrition or any other questions about food. Answers by our Nutritionist will be published in the next issue. Send your questions by 31st August.

SUBMISSION SPACE



Send us your original articles, riddles, stories, poems, DIY crafts , recipes, graphic designs, drawings, and answers for activities & Fun Times with your full name, age and class at email: shubhangan@outlook.com with subject "Newsletter Submission". All submissions with images must be of high quality, in PNG/JPG format above 1 MB size. Rename the image(s) with your name.



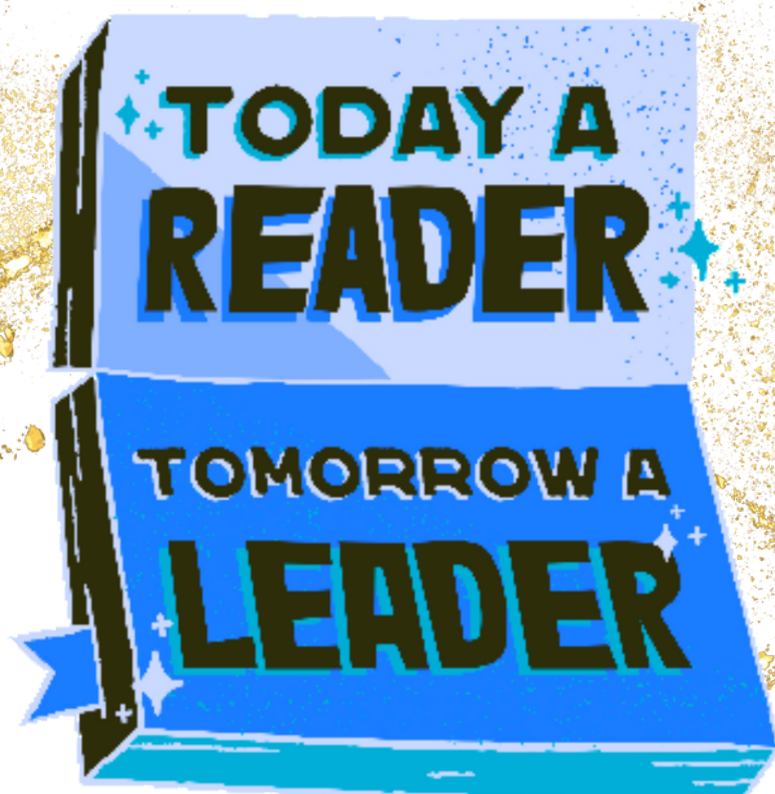
Timeline of Clocks by Aadvik Mittal, Class 3, Sriram Millennium School Noida



Anime Drawing by Satyam Tyagi, Class 8, Age 13



Happy Teej Drawing by Abhijay Kumar, Class 3, Heritage Academy Modinagar



Name: Aadvik Mittal

Class: 3

Age: 8 yrs

School: Sriram Millennium

School, Noida



Submissions

Aadvik Mittal has proven that he is a Kreative Kid by regularly sending his submissions and reading this magazine.



Article on
Life Cycle
of
Butterfly-
29 July

Hey Awesome Readers! Become a Star in The KK Times and The Qurious Atom! ✨

Want your name to shine in our mags? 📖✨ Be our **Reader of the Fortnight**:

1. **Read All Issues**: Dive into The KK Times and The Qurious Atom.
2. **Join Activities**: Solve puzzles, enjoy science – have a blast!
3. **Share Your Genius**: Send your answers and creations.

Get your own page, be a star! 🌟👉

Ready to shine? Dive in now!

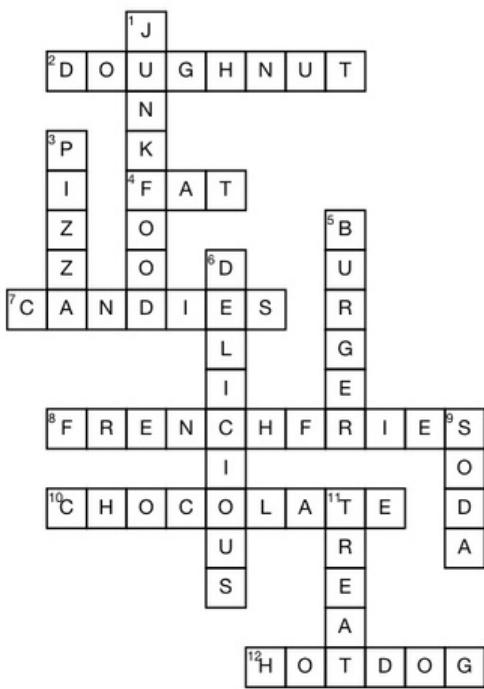
Happy reading 🚀🌈

Activity Area Answers

Which child is going to the Chess Day tournament on 20 July? Draw a line.



JUNK FOOD DAY



- Across**
2. A delicious treat which sometimes has a hole in the center. It is made with a bagel.
4. Junk food makes us _____.
6. Sweet treats in small pieces. Starts with C.
8. Fried potato sticks which have a language in their name.
10. Can be used to make desserts or milkshake. It is a child favourite.
12. A delicious cylindrical sandwich which has a domestic animal's name in it.
- Down**
1. The category of food you like to eat. It has U in its name.
3. A crusty meal with cheese, sauce and toppings. It is triangular.
5. A layered sandwich like food that we all love to eat.
6. Synonym of tasty and delectable
9. A fizzy cold drink which can cause obesity, cancer, fatty liver etc.
11. Trick or _____!



Best Slogan



On Theme



India is my country, India is my pride;
Without India nothing is bright!

-BY Eva, Class 5

